What is claimed is:

- An optical element, comprising:
 - a base material; and
- a layer formed on at least one of surfaces of the base material;

wherein a reflectance of a surface of the formed layer for all light rays in a wavelength region of 280 nm to 315 nm and in a wavelength region of 420 nm to 680 nm is smaller than a reflectance of a surface of the base material.

- 2. The optical element of claim 1, wherein the layer is made of substantially an inorganic material.
- 3. The optical element of claim 1, wherein a surface resistance of the layer is 1 $M\Omega/cm^2$ or less.
- 4. The optical element of claim 1, wherein the base material is a lens and the layer is formed on an image sideentire surface of the lens.
- 5. The optical element of claim 4, wherein the base material is a lens for an eyeglass and the layer is formed on an eye side-entire surface of the lens.

- 6. The optical element of claim 1, wherein a reflectance of a surface of the formed layer for all light rays in a wavelength region of 280 nm to 400 nm and in a wavelength region of 420 nm to 680 nm is smaller than a reflectance of a surface of the base material.
- 7. The optical element of claim 1, wherein a reflectance of a surface of the formed layer for all light rays in a wavelength region of 280 nm to 700 nm is smaller than a reflectance of a surface of the base material.
- 8. The optical element of claim 1, wherein a absorptivity of the base material for at least a part of light rays in a wavelength of 280 nm to 400 nm is 30% or more.
- 9. The optical element of claim 1, wherein the base material has a selective absorptivity to absorb selectively a part of light rays in a wavelength region of 400 to 700 nm.
- 10. The optical element of claim 1, wherein the layer is a multi layer having plural layers.

- 11. The optical element of claim 1, wherein the layer comprises a transparent conductive layer.
- 12. The optical element of claim 1, wherein the transparent conductive layer contains indium oxide.
- 13. The optical element of claim 1, wherein the layer comprises a metallic layer.
- 14. The optical element of claim 1, wherein a luminous transmittance of the layer is 90% or more.
- 15. The optical element of claim 1, wherein a luminous transmittance of the base material and the layer is 75% or less.
- 16. The optical element of claim 1, wherein a difference between a luminous reflectance one surface and a luminous reflectance on the other one surface of the optical element is 1% or less.
- 17. The optical element of claim 1, wherein a spectral transmittance of the layer for all light rays in a wavelength region of 400 nm to 700 nm is 98% or more.

18. The optical element of claim 1, wherein the base material is a lens,

the layer is formed on an image side surface of the base material and

another layer is formed on an object side surface of the base material, and wherein a difference between a wavelength showing a peak of a spectral reflectance on the image side surface and a wavelength showing a peak of a spectral reflectance on the object side surface in a wavelength region of 450 nm to 680 nm is ±5% or less and a difference between a peak reflectance on the image side surface and a peak reflectance on the object side surface in a wavelength region of 450 nm to 680 nm is 1% or less.

- 19. An eyeglass, comprising:
 - a lens comprising
 - a base material, and
- a layer formed on at least one of surfaces of the base material; and
 - a lens holder to hold the lens;

wherein a reflectance of a surface of the formed layer for all light rays in at least one of a wavelength region of

280 nm to 315 nm and in a wavelength region of 420 nm to 680 nm is smaller that a reflectance of a surface of the base material.

20. The eyeglass of claim 19, wherein the layer is formed on an eye side-entire surface of the base material.